



Gary & Carol Crees

ADVENTURES IN MUSIC, MOVEMENT & WELLBEING

Welcome to our Christmas eNEWS (Dec 2011)

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Gary and Carol would like to wish you a merry Christmas and a joyous, relaxing New Year break. We hope there's time to reflect, relax and come back inspired to work towards the new National Quality Framework. Thanks to all who have shared our music, invited us to meet children and families at centres and schools, and participated in teacher training with us this year. We look forward to more music fun with children and teachers in 2012

Music and the EYLF Learning Outcomes

As part of this important change the National curriculum brings, we see more than ever the enormous role that movement and music can have in high quality, play centered education, and wellbeing for babies and young children. Music involves both social/emotional and cognitive learning areas, so we hope it will retain a priority place in the new quality provisions. Here's a summary of how we see music supporting the curriculum learning outcomes. It might be useful for a staff meeting or parent information

1. Developing a strong sense of identity

*Lullabies for bonding
Bouncing & rocking
Peekaboo games
Greeting songs
Body awareness songs*

Name songs

Touch & tickle activities in rhymes and songs

2. Children are connected and contribute

Touch, sound & movement together (optimises learning for babies and young children)

Partner/group music games

Co-operation in music games

Concept skills eg up/down etc

Social skills eg taking turns

Using elements from nature eg tapping stones, shaking leaves, paper

Songs & dances from other cultures

3. Children have a strong sense of wellbeing

Lullabies at all ages

Varied touch, massage to music

Relaxation to music

Multisensory movement, lots of props to move with

Humour in songs/rhymes

4. Children are confident, involved learners

Exploring sounds/using instruments

Engendering curiosity about sound or music

Musical play/ action songs

Music at transition time

Rhyming/ singing games

5. Children are effective communicators

Songs with repetition

Imitating sounds

Expressing varied emotions

Vocal play

Songs from other cultures

Auditory discrimination through rhyming

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WORKSHOP TOPICS for 2012

(Workshops to support the Early Years Learning Framework)

OUT OF THE BOX - Music and the EYLF

Thinking Outside the Square

Supporting EYLF learning outcomes

RELAXATION for babies, toddlers & preschoolers

Simple massage, music and relaxation activities for wellbeing and optimal learning.

HAPPY BEATS

How to make music a fun, learning time

Rhymes, songs, percussion activities, fingerplays and dances to support musical learning

For more workshops on **Yogaplay, Songs and Dances Around the World,**

Multisensory Music, Music for 0 - 3 years, Wellbeing for Children click on the link:

<http://www.adventuresinmusic.com.au/for-teachers-parents/workshop-topics/>

Like to host an inservice workshop at your centre? Looking for new music and movement activities to use with your children or relaxing activities to finish a busy day? Ring Carol or Gary to discuss leading a session for staff at your centre in 2012.

SYDNEY area: We suggest a session charge of \$400 (+GST)

OUTSIDE the SYDNEY area: We suggest a session charge of \$500 (+GST) plus negotiable country travel costs.

If you only have a small number of staff wanting to attend but are interested in a workshop, please contact us. We may be able to help by linking you in with a workshop in your local area.

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NEW RESOURCES for 2012

HAPPY BEATS (CD + Teachers Book)

A fun filled selection of original & multicultural songs for 0-6 year olds to sing, play, dance and learn. Playful songs about body awareness, feelings, animals, the environment and more. A diverse bag of music ideas to support the EYLF learning outcomes. We are currently putting the finishing touches to this project which will be available early next year. Look out for news of its release. Better still, email us to express your interest now & we will notify you as soon as it is available.

Our range of early childhood resources can always be viewed & purchased via our secure online shop page:

http://crees.server101.com/commerce/search/index.php3?merchant_id=2479&keywords=&search_type=ANY&custom_store_category=1&by_category=+GO!+

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MUSIC ACTIVITY

Here's an easy song to add to the Christmas repertoire that involves lots of energetic hopping and jumping on the chorus "knees up Santa Claus".

With thanks to Joy Lubawy and Team Henderson for the great idea!

KNEES UP SANTA CLAUS

Tune ('Knees Up Mother Brown')

Chorus:

**Knees up santa claus,
knees up santa claus
knees up, knees up,
keep your knees up
knees up santa claus.**

Xmas time is near,
xmas time is near
pack the presents,
hitch the reindeer
xmas time is near, BUT....

Where is santa claus,
Where is santa claus?
all is ready
can you see him
Where is santa claus?

**Knees up santa claus,
knees up santa claus
knees up, knees up,
keep your knees up
knees up santa claus.**

Put your big boots on,
put your big boots on
trousers, jacket,
belt & red hat
put your big boots on

Ring your xmas bells,
ring your xmas bells,
shout Ho Ho Ho
HO HO HO
then off we go
OFF WE GO
ring your xmas bells.

Knees up santa claus.....

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Until next time
Happy holiday,
Gary & Carol



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